

## **Delegates Report Area Assembly April 6, 2024**

### **NWRDM (Northwest Regional Delegate's Meeting) Highlights**

- The 40<sup>th</sup> NWRDM meeting was held on March 22 and 23, 2024 in Sioux Falls, SD.
- The purpose of this meeting is to discuss topics which may be presented at the World Service Conference and to familiarize delegates with Conference procedures; to have better understanding and knowledge of the traditions, concepts, policies; and to strengthen current delegates and keep past delegates informed.
- Nebraska is part of the US Northwest Region. Other states in this region are Alaska, Idaho, Montana, North Dakota, Oregon, South Dakota, Washington, and Wyoming.
- **This meeting is open to any AI-Anon members. Typically, the past, current, and new delegates from the 9 states attend this meeting. Approximately 35 people attended this meeting. There were approximately 10 members from Nebraska who attended this meeting.**
- Area highlights were shared by delegates from each state. Other activities included workshops, speakers meeting, Trustee reports, business meetings and others. It was a very good experience to meet the delegates from regions and learn about the activities in their state.
- **Many states have developed guidelines for electronic groups for their area.**
- Dark District (districts with no contact/representative) and lack of volunteers for service is also on-going concern in other states. One state went through redistricting process (combining the dark districts to into the other districts)
- One Area has secured permanent mailing address for Area Treasurer so that checks/mails does not go to past treasurers address.
- **2025 NWRDM will be held in Oregon from March 29 to March 31.**
- I'm thankful to Area 33 for sending me to the NWDM.

### **2024 World Service Conference (WSC) will be held from April 18 to April 21 in Virginia Beach, Virginia.**

The 2024 WSC theme is:

**Our Path toward Grace, Unity, and Understanding**

I'm looking forward to attending WSC and representing Area 33. Delegates are scheduled to arrive on April 17 and depart on April 22. **The members of who wish to send cards and letters to me at WSC**, please plan to have them arrive after **April 15, 2023**, and remember to use my name (Lalit Jha) and address (900 N 59<sup>th</sup> St, Lincoln, NE 68505) as the return address in the event that mail delivery is delayed. The cards or letters should be sent to:

Lalit Jha (Hold for WSC 4/20-4/23, 2023):

The Founders Inn and Spa  
5641 Indian River Rd.  
Virginia Beach, VA 23464

**Please note: Please do not send any love gifts at the hotel. In lieu of love gifts, you, your group, District, and/or Area might consider a contribution to AFG Inc**

I will provide 2023 WSC summary report at the June Area Assembly meeting.

### **Stepping Stones - Beyond the 2025 World Service Conference**

World Service Conference members visited Stepping Stones in Katonah, New York, the birthplace of the AI-Anon Clearing House, once every three years. It was also the home of the Bill W. and Lois W., cofounders of Alcoholic Anonymous and AI-Anon Family Groups, respectively. During the year conference members visit Stepping Stones, the WSC is held in New York/Connecticut Area.

The cost to hold Conference in the New York/Connecticut area is much higher than holding the Conference in the Virginia Beach area. The higher costs most affecting the WSO Operating Budget are airport shuttles, hotel rooms, and meals; additional travel costs for Staff Members' and interpreters; and transportation costs for supplies from Virginia Beach to New York/Connecticut. In keeping with its fiduciary responsibilities, board is seeking information regarding the questions of continuing the triennial trip to Steeping Stones.

During the upcoming 2024 WSC, a Task Force will be facilitating a discussion on the topic *Steeping Stones – Beyond 2025*. The information gathered from the WSC discussion will be given to the Board of Trustees to be used in future discussions on this topic.

Delegates have been asked to gather feedback from area on following questions:

- Do the groups in your Area believe it is important for their Delegate to visit Steeping Stones?
  - o If yes, how do they see it helping their Area?
- What are the most important elements of the visit to maintain?
- How might it be best to cover the additional cost of Steeping Stones and a New York visit?
- What ideas do you have for administratively making this happen? Do you want the WSO to administer the process? Do you want Delegates to be involved?

Your feedback by April 15, 2024, will be greatly appreciated.

#### **2024 Trustee of the Board**

The list of nominees to be presented to the 2024 World Service Conference (WSC) for traditional approval are:

Regional Trustee:

- Debbie P., Canada Central, second three-year term
- Cindy H., Canada West, first three-year term
- Craig M., US Northwest, first year of a two-year term

Trustee at Large:

- David B. first three-year term
- Kathi M., second three-year term
- Marco R., remaining two years of a first three-year term
- Phil G., remaining year of a first three-year term
- Rachelle C., first three-year term

#### **Opportunities to Serve as Trustee of the Board in 2025**

Each year, three Trustee at Large and three Regional Trustee positions become available through rotation of leadership. In 2024, the Board will be seeking applicants for three Trustees at Larger as well as Trustees from the following four regions:

**Qualifications for members applying for Trustees at Large and Regional Trustee positions are the same.**

- US Southeast – three-year term
- Canada East – remaining two-year term
- US North Central – Three-year term
- US Northeast – Three-year term

Details about the selection process for Trustees, please follow the link <https://al-anon.org/for-members/board-of-trustees/wso-volunteers/>

- Please contact me if you have any additional questions.

## 2023 WSO Financial Update

### Year to Date (YTD) December 2023

	YTD Actuals	YTD Budget
Revenue		
Literature Sales—net	\$3,217,630	\$2,768,930
Contributions	\$2,916,399	\$2,532,900
Other income	\$768,824	\$558,600
Total Revenue	\$6,902,853	\$5,860,430
Total Expenses	\$5,825,234	\$5,795,664
Net Increase/(Decrease)	\$1,077,619	\$64,770

The change in net assets resulted in a net increase of **\$1,077,619**, which is higher than the projected budget.

### Writing Guidelines for New CAL on Sponsorship/Service Sponsorship

Recommendation was made, discussed, and approved by the 2023 World Service Conference, giving conceptual approval "to develop a comprehensive piece on sponsorship and service sponsorship using personal stories from Al-Anon members."

Since then, a writing guideline has been developed, approved, and translated into French and Spanish, and is now available for distribution throughout the fellowship. **Please share the attached writing guideline, and consider submitting your own experience, strength, and hope on this important topic.**

The attached Writing Guide is also posted on the "[Send Your Sharing](#)" page of the Al-Anon website.

Sharings may be submitted online at [al-anon.org/sharing](http://al-anon.org/sharing), via email to [wso@al-anon.org](mailto:wso@al-anon.org) with "Sponsorship Piece" in the subject line, by fax to 757-563-1656, or by postal mail to Al-Anon Family Group Headquarters, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617. Sharings submitted in Spanish or French should be accompanied by an English translation.

### National Native American Al-Anon Conference 2024

This conference will be held on April 26-28, 2024 in Portland, OR 97201

For details: <https://TINYURL.COM/NAAC2024>

### Road Trip! You and Your Board Connect

The 2024 Road Trip! You and Your Board Connect event will be held in Columbia, South Carolina on October 26, 2024.

World Service Office (WSO) Website: <http://www.al-anon.org/>

Stay in the Know with *In The Loop*—News From Your WSO: groups and any individual member can subscribe at [al-anon.org/emailme](http://al-anon.org/emailme)

In Service!

Lalit Jha, Delegate (Panel 63), Area 33  
402-443-8010

# Please Share in Writing on Sponsorship and Service Sponsorship

The 2023 World Service Conference gave conceptual approval “to develop a comprehensive piece on sponsorship and service sponsorship using personal stories from Al-Anon members.” Please share your experiences with sponsorship—the benefits as well as the challenges—so we can all learn from each other how to effectively use these important recovery tools.

## Please consider answering any of the following questions:

- How soon did I get a Sponsor? Become a Sponsor?
- What, if anything, has kept me from finding or becoming a Sponsor?
- What qualities do I look for in a Sponsor?
- What impact has having or being a Sponsor had on my recovery?
- Were the parameters of my sponsorship relationship a good fit for both of us?
- Have I studied the Steps, Traditions, or Concepts of Service with a Sponsor or someone I sponsor?
- What have I learned from having or being a Sponsor?
- What did I do if my needs were not being met by having or being a Sponsor?
- Which of Al-Anon’s spiritual principles apply to having or being a Sponsor?

- Why do (or don’t) I have a Service Sponsor? Why am (or aren’t) I a Service Sponsor?
- How is my Service Sponsor different from my personal Sponsor?
- How am I different as a Service Sponsor than as a personal Sponsor?
- Which of Al-Anon’s spiritual principles apply to having or being a Service Sponsor?

## Please keep the following guidelines in mind:

- Share personal experience from the heart, focusing on yourself, not the alcoholic or others.
- Write in the first person singular—“I.” Please avoid the use of the pronoun “you.”
- Avoid generalities, outside issues, treatment center language, and religious philosophy or doctrine.
- Kindly observe Al-Anon’s Twelve Traditions when sharing.

If printed, your sharing will remain anonymous, but please include your name and postal or email address so that we can acknowledge receipt.

If not used, your sharing will be forwarded to the *Forum* Editorial Advisory Committee for review. If published in *The Forum*, you will be notified by letter and receive a complimentary copy of the issue in which your article appears.

Note: All sharings become the property of Al-Anon Family Group Headquarters, Inc., and may be used in whole or in part to develop Al-Anon/Alateen printed or electronic material.

**Please photocopy and distribute locally.**

**Please mail, fax,  
email or submit your  
completed sharing to:**

Al-Anon Family Group Headquarters, Inc.  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617  
Attn: Sponsorship Piece

Fax: 757-563-1656  
Email: [wso@al-anon.org](mailto:wso@al-anon.org) (Please put  
“Sponsorship Piece” in the subject line.)  
Online: [al-anon.org/sharing](http://al-anon.org/sharing)